



BOOKS • AUDIOVISUALS • ELECTRONIC PRODUCTS • NOTE CARDS

Resources for healing, for hope, for tending that which is sacred.

WILLOWGREEN®



NEWEST CAREGIVING RESOURCES

DAILY INSPIRATIONS FOR CAREGIVERS

Encouragement and Insight for Family and Friends



If you're a family caregiver, you can be encouraged and lifted every morning for one complete year with Willowgreen's newest electronic resource. Each day you'll receive via personalized email one of four offerings: a short inspiring video, a brief audio, a one-page writing, or a photo-thought, incorporating a striking photograph with a meaningful quotation. Each Inspiration will automatically be optimized for viewing on your computer, tablet, or smartphone.

Receive positive energy for the daily responsibilities ahead. Tap into the advice and wisdom of experienced caregivers through the years. Grow more confident in your role. Be led to find increased fulfillment and hope. Allow your renewed spirit to spread a positive influence to the one in your care. In other words, enable healing and wholeness all around you.

If you're a professional or a volunteer who works directly or indirectly with family caregivers, you can arrange for subscriptions to be sent in a larger quantity at a discounted cost.

Individual subscriptions are \$24.95. You may sign up for a free 14-day trial with no obligation.

Call us today at 260.490.2222 or visit our Web site: www.willowgreen.com.

THE JOURNEY OF CAREGIVING

12 Guiding Thoughts for Family Caregivers



In this DVD/Blu-ray Jim Miller offers a dozen principles to assist individuals and families in providing care for their loved ones. Each guiding thought takes the form of

a 2- to 3-minute video that's built upon the wisdom of experienced caregivers. One example: "The one in your care almost always wants your empathy more than your sympathy." This insightful resource is ideal for use with caregiver support groups and in educational workshops and classroom settings, as well as for individual encouragement and growth. As always, previews are free.

DVD502 & BLU502—In twelve sections. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.

PRAYERS FOR FAMILY CAREGIVERS

12 Meditations for Your Journey



Family caregivers often experience what many others have come to know: there are times when it helps to turn to prayer. Based upon his own experiences as a caregiver, Jim

Miller has written and narrated a series of prayerful meditations that take the form of short videos beautifully illustrated with photography from nature. Each has one particular theme, including prayers for acceptance, courage, empathy, and patience, among other themes. This DVD/Blu-ray of twelve meditations works well with the *The Journey of Caregiving*, especially in caregiver support groups.

DVD503 & BLU503—In twelve sections. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



CAREGIVING RESOURCES

CAREGIVING



The Gift of Healing Presence: The Book *Encouraging Thoughts for Busy Caregivers*

Ten basic thoughts simplify the process of being a healing presence. One example: “Your healing presence requires a thoughtful distance.” Full-color photography and pages of quotations add interest throughout. The

gift book appearance is created for professional caregivers, yet appropriate for family members and volunteers.

K713—32-page 5 1/2" x 8 1/2" paperback. \$5.95. *Quantity discounts available.*

EB713—eBook edition may be purchased and downloaded at www.willowgreen.com. \$4.75.

AU713—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.



The Gift of Healing Presence: The Video

The text from the book is enlivened with original music and the author’s narration. Photography from nature picks up on the nuances of the message, inviting the viewer

to make personal associations. View this program from start to finish or a section at a time. Ideal for groups and workshops. A downloadable leader’s guide is included with cost for professional and congregational use.

DVD713—30 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*

BLU713—Blu-ray version, 30 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



The Caregiver’s Book

Caring for Another, Caring for Yourself

Learn eight principles of healthy, effective caregiving in an easy-to-read format. Each chapter contains full-color photography, pages of quotations, and helpful suggestions for implementing each principle. This is the print version of our audio-visual, *The Grit and*

Grace of Being a Caregiver.

K721—80-page 6" x 6 3/4" deluxe book. \$14.95. *Quantity discounts available.*

AU721—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.



The Grit and Grace of Being a Caregiver *Maintaining Your Balance as You Care for Others*

This DVD is full of wisdom and inspiration for lay and professional caregivers. Seven guidelines help define your task and

role: “The healthiest way to care for another is to care for yourself.” “To be close you must establish boundaries.” The conclusion is an affirmation of caregiving’s rewarding possibilities.

DVD701—36 minutes in eight sections. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



The Art of Listening in a Healing Way

This book provides helpful insight into how to listen well to one in your care: “A healing listener listens with the eyes.” “A healing listener cleaves to silence.” Interspersed throughout are intriguing quotations and Jim’s flower photography.

K704—80-page 5 1/2" x 8 1/2" paperback.

\$7.95. *Quantity discounts available.*

AU704—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$12.00.



The Art of Listening in a Healing Way: The DVD

Jim Miller describes healing listening and how it differs from other kinds of listening, followed by a series of underlying principles grouped in four categories: before you start, as you begin, as you proceed, and when you conclude. Use this DVD in its entirety or in sections. Natural floral photography in this DVD complements the book.

DVD704—46 minutes in five sections. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



The Art of Being a Healing Presence *A Guide for Those in Caring Relationships*

Jim Miller and hospice chaplain Susan Cutshall co-authored this book on being with others in a compassionate, nurturing, and healing way. Chapters include “There’s only one place to begin—with yourself!” and “Healing is about something much larger than curing.” Also includes pages of quotations and drawings plus many practical suggestions. Ideal for both professional and lay caregivers.

K703—80-page 5 1/2" x 8 1/2" paperback. \$8.95. *Quantity discounts available.*

EB703—eBook edition may be purchased and downloaded at www.willowgreen.com. \$6.25.

AU703—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$12.00.

**BEST
SELLER**



When You’re the Caregiver *12 Things to Do If Someone You Care For Is Ill or Incapacitated*

Twelve ideas to help people best assist those they care for include, “Treat the other as the equal he or she is,” and “Give good care to yourself.” Included is a beautiful affirmation about caregiving. The other half

of this book is for those who are ill.

K702—64-page 5 1/2" x 8 1/2" paperback. \$6.95. *Quantity discounts available.*

EB702—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.



CAREGIVING RESOURCES

CAREGIVER GIFTS ON SALE (WHILE SUPPLIES LAST)



This Time of Caregiving: The Book *Words of Encouragement and Hope*

Becoming a caregiver for another can be a daunting and tiring task, often ranked as one of life's most challenging experiences. This book offers encouragement and support both to new and experienced caregivers. Two examples of

chapter titles: "You are not alone." "Must you surrender to this experience? Certainly. And absolutely not!" Included are wise quotations from the ages, original drawings from nature, and a final blessing.

K706—32-page 5 1/2" x 8 1/2" paperback. \$3.95 now **\$2.50**.
Quantity discounts available.



This Time of Caregiving: The Audio

Listen to a father and daughter—professional caregivers who have also been family caregivers—read an adaptation of their popular book. Original music underscores each section's theme. The overall effect is assuring and comforting.

CD706—25-minute audio CD. \$12.95 now **\$8.95**. Quantity discounts available, p. 14.

AU706—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$7.95.



This Time of Caregiving: The DVD

This resource combines it all: helpful ideas, soothing voices, reflective music, and Jim Miller's photography. Each thought from the book is creatively il-

lustrated with images from nature that add meaning to the message. Designed for use with individuals and families but also for classes, conferences, and support groups.

DVD706—25 minutes. Personal Use: \$15.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.



You Are the Difference *An Appreciation of End-of-Life Caregivers*

Jim Miller reads his original piece, "You Make Such a Difference," affirming the everyday work of hospice and palliative care professionals. "The Light of Day" is a song representing a dying person's

gratitude to their hospice caregiver. Lyrics are by Jim with music composed and sung by Gary Malkin. "Thank You, Thank You" expresses appreciation for what caregivers do day in and day out.

CD727—17-minute audio CD. \$12.95 now **\$8.95**.
Quantity discounts available.

AU727—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$7.95.

ILLNESS & DYING



When You're Ill or Incapacitated

12 Things to Remember in Times of Sickness, Injury, or Disability

This book is one-half of a double book (the other half is for caregivers). Information is presented in 12 short chapters. Chapter titles include: "You have the resources to do what you have been given to do." "You may find value in asking of this

time, "What am I being told?" and "People who want to help you could use a good helper: you." Used by many hospices and hospitals as well as individuals and families.

K702—64-page 5 1/2" x 8 1/2" paperback. \$6.95. Quantity discounts available.

EB702—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.



One You Love Is Dying

12 Thoughts to Guide You on the Journey

This book offers sensitive, direct advice for lay caregivers at that time in life when the inevitability of death must be faced. Chapter titles include "You cannot do everything yourself." "The dying person will be as they've always been, only more so." Included

are many pages of thoughtful quotations. This writing informs, inspires, and comforts.

K107—64-page 5 1/2" x 8 1/2" paperback. \$7.95. Quantity discounts available.

EB107—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

AU107—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.



When You Know You're Dying

12 Thoughts to Guide You Through the Days Ahead

Each chapter is straightforward and specific: "Assert your right to make your own decisions." "Tell your story." "Let whoever is close take this journey with you." The tone is supportive throughout, empowering the dying person to live fully until they die. Included are many quotations to illustrate each guideline, along with delicate drawings from nature.

K106—64-page 5 1/2" x 8 1/2" paperback. \$7.95. Quantity discounts available.

EB106—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

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NEWEST GRIEF RESOURCES

GRIEF'S HEALING JOURNEY: A 6-ISSUE NEWSLETTER

Encouragement for the Bereaved in Print and Digital Editions



With little effort provide caring assistance to individuals and families through the 13 months following a loved one's death. Communicate in a professional way at six timed intervals with easy-to-read information artfully arranged in a two-page design in the print edition. Each issue contains two main articles, a question-and-answer section, a listing of action

100 HEALING MESSAGES

Videos Filled with Help, Comfort & Beauty

This innovative resource consoles, informs, and encourages the recently bereaved with short videos sent via personalized email every Monday, Wednesday, and Friday morning. Each video incorporates Jim Miller's insights, soothing voice, and expressive photography, creating a naturally healing effect. The 100 messages build on one another over time, becoming increasingly open to life's preciousness and beauty as well as to the potentially transforming influences that grief can often hold. See a sample video and a downloadable PDF at www.healingmessages.com.



Individual subscriptions are \$24.95. Quantity discounts are available.

steps, interesting quotations, and meaningful photography. A clearly-marked box leads readers to a special Web site where several of Jim Miller's unique video, audio, and e-article resources expand upon each issue's theme. The digital edition contains twice as many of these resources. A separate issue for the holidays is also available.

You can customize each print issue by adding your own information using a laser printer. We supply a template for free. You can also opt to turn the print edition into a self-mailer.

Send the digital editions quickly and easily from your own computer with a password-protected interface on the Willowgreen server. Issues are sent reliably and automatically on the pre-specified dates.

Each newsletter is available in quantities of 100 for \$110.00 or 50 for \$60.00. Quantity discounts can be applied. Call 260.490.2222 to request free samples or visit www.griefshealingjourney.com.

THE HEALING PROMISE OF GRIEF

Comforting Help in Your Time of Loss

Your organization or business can now provide beautifully designed, cost-effective grief support on your own Web site. Twelve brief, highly professional videos each address a unique aspect of grief, viewable anytime day or night when grievers feel the need. Each video blends nature photography and uplifting music with Jim Miller's calming narration.

Willowgreen will do all the work of installing this resource for you, making use of your identifying look and colors. Contact us and we'll direct you to the Web site of one of our satisfied customers.





GRIEF RESOURCES

GRIEF



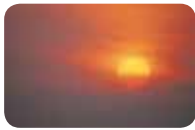
When Mourning Dawns *Living Your Way Fully Through the Seasons of Your Grief*

Jim Miller compares the pattern of grief to the rhythm of the seasons, interweaving wise quotations and photographs from nature. A practical help for the bereaved, this book offers specific suggestions for each of grief's natural seasons. It's filled with insight, compassion, and hope.

K235—64-page 5 1/2" x 8 1/2" paperback. \$6.95. *Quantity discounts available.*

EB235—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

AU235—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.



When Mourning Dawns: The DVD

This is a video presentation for grieving people that incorporates words, photography and music to reveal grief's natural seasons. The result is a helpful and inspiring look at this significant life experience. As Willowgreen's most comprehensive grief-related video, it can be viewed in its entirety or divided naturally into sections. Excellent for support groups as well as individuals.

DVD235—51 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



Support Group Guide for the DVD When Mourning Dawns

Included are the basics of starting a grief support group plus general guidelines for using a DVD in a small group setting. Session-by-session ideas are offered for those who wish specific help. Includes reproducible handouts and a bibliography, as well as a copy of the *When Mourning Dawns* book. (DVD sold separately.)

G235—117-page 10" x 11" ring binder. \$24.95.



Listen to Your Sadness *Finding Hope Again After Despair Invades Your Life*

Be introduced to a four-step process for dealing with the despair that may accompany loss and grief: experience the present, review the past, visualize the future, then return to the present anew. It contains evocative photos from nature and ends with a life-giving affirmation.

DVD202—18 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



What Will Help Me? *12 Things to Remember When You Have Suffered A Loss* **How Can I Help?** *12 Things To Do When Someone You Know Suffers A Loss*

This double book is for two related groups of people. One side is for the bereaved and includes twelve easy-to-read chapters. The other side is for those who want to help and includes suggestions for what can be done to assist those in grief. This best-seller is popular with hospices, hospitals, funeral homes, and congregations.

K216—64-page 5 1/2" x 8 1/2" paperback. \$7.95. *Quantity discounts available.*

EB216—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.



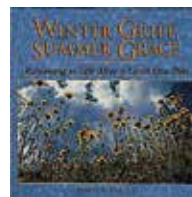
How Will I Get Through the Holidays? *12 Ideas for Those Whose Loved One Has Died*

This attractive book helps bereaved people understand what is happening to them and what to expect during the emotionally charged holiday times. It offers twelve ideas for navigating through these periods, with many specific suggestions. Included are thoughtful, time-honored quotations.

K403—64-page 5 1/2" x 8 1/2" paperback. \$6.95. *Quantity discounts available.*

EB403—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

AU403—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.



Winter Grief, Summer Grace *Returning to Life After a Loved One Dies*

The seasons of the year will be your guide through the seasons of grief. Full-color photographs by the author, meaningful quotations, and sections of suggestions for the bereaved are offered. A touch of spirituality is woven throughout. Published by Augsburg Fortress.

K211—64-page 8" x 8" deluxe paperback. \$14.99. *No discounts.*



How Do I Go On? *Re-designing Your Future After Crisis Has Changed Your Life*

Be led through a five-step process ("feel," "explore," "let go," "embrace," and "live") for those times when loss is life-changing, if not life-threatening. Be encouraged to refer to your own experiences and develop your own insights. Excellent for group discussion.

DVD203—21 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*

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GRIEF RESOURCES

GRIEF



One You Love Has Died

Ideas for How Your Grief Can Help You Heal

This small book communicates the basics of grief in six chapters. Each chapter is built around a single idea, such as “A time of grief is a time of challenges, which can help you stretch and grow.” and “You’re likely to encounter other losses as you grieve, and that

can be useful.” A meaningful gift.

K208—32-page 5 1/2" x 8 1/2" paperback. \$4.95. *Quantity discounts available.*

EB208—eBook edition may be purchased and downloaded at www.willowgreen.com. \$3.00.

AU208—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.

**BEST
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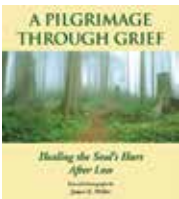
Un Ser Amado Ha Fallecido

La aflicción como camino hacia su restablecimiento

The wisdom and encouragement of *One You Love Has Died* is now available in Spanish.

SP218—32-page 5 1/2" x 8 1/2" paperback. \$3.95. *Quantity discounts available.*

EB218—eBook edition may be purchased and downloaded at www.willowgreen.com. \$3.00.



A Pilgrimage Through Grief

Healing the Soul's Hurt After Loss

Readers have always enjoyed the blend of poetic writing and full-color photography from nature combined with the concept of using a time of loss as a spiritual pilgrimage. Four experiences are visited: absence, aloneness, silence, and mystery. This writing

is suitable for those going through all sorts of losses. Its smaller size makes it easy to hold and carry.

K313—96-page 5 1/2" x 6" deluxe paperback. \$12.95. *Quantity discounts available.*



By the Waters of Babylon

A Spiritual Pilgrimage for Those Who Feel Dislocated

Take a pilgrimage to places within your soul. Visit absence, aloneness, silence, and mystery. Experience what else awaits: a presence, a solitude, a voice, and the Absolute Mystery. This presentation can be used in its entirety or one section at a time. It bears similarity to the book, *A Pilgrimage Through Grief*.

DVD303—45 minutes in six parts. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



Invincible Summer

Returning to Life After Someone You Love Has Died

Photography from the seasons, soothing music, and practical advice come together to help you understand your own grief. This DVD is designed for people of all ages. It's ideal for use with groups.

DVD201—17 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*

**BEST
SELLER**



Grief Has Its Seasons

Grieving as a Natural Process

This DVD is for those who want to understand about grief in general, including those who wish to learn more about working with the bereaved. You'll experience the four seasons in photography along with an explanation of each of grief's seasons, all united by thoughtful quotations. Jim Miller narrates.

DVD101—16 minutes. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



When a Man Faces Grief

12 Practical Ideas to Help You Heal from Loss

A Man You Know Is Grieving

12 Ideas to Help Him Heal from Loss

Tom Golden and Jim Miller co-authored this concise, informative guide. It's another of Willowgreen's double books—one half for men as they grieve, the other half for those who want to understand and support men in their mourning.

K207—64-page 5 1/2" x 8 1/2" paperback. \$6.95. *Quantity discounts available.*

EB207—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

**BEST
SELLER**



We Will Remember

A Meditation for Those Who Live On

This DVD uses nature photography, music, and narration to present its confirming message: we will do well to hold on to the memories of those who have gone before us, and allow those memories to lead us into our future. Excellent for memorial services.

DVD401—11 minutes. *Personal Use: \$19.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.*



The Healing Promise of Grief

Comforting Help in Your Time of Loss

Many of your questions about ordinary grief are answered in a series of twelve short videos, written, narrated and photographed

by James E. Miller.

DVD902—36 minutes in 12 parts. *Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.*



TRANSITION & COMFORT

TRANSITION



Nothing Is Permanent Except Change **BEST SELLER** *Learning to Manage Transition in Your Life*

The beginning of any human transition involves an ending of some sort, and the ending of every transition is always a new beginning. This DVD helps you understand the process and offers ideas for navigating each part. Nature photography illustrates a basic message: what's happening is as natural as the changing of the seasons.

DVD204—33 minutes in five parts. *Personal Use:* \$24.95; *with Professional Rights:* \$59.95; *with CCTV Rights:* \$200.00.



Change & Possibility *Discovering Hope in Life's Transitions*

Using photography from the seasons and quotations from the ages, this writing explores the three-fold process of all human change. Included are suggestions for how to make your way through each phase of the transition process.

K224—80-page 6" x 6 3/4" deluxe paperback. \$14.95. *Quantity discounts available.*

AU224—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.

VIDEO COMFORTS

Another soothing program for hospices and funeral homes is *Video Comforts*. It creates an uplifting, calming ambience. Each high definition, wide-format Blu-ray disc is 15 minutes long and includes lifetime public performance rights.



Video Comforts: Healing Consolations *An Inspiration in Photography, Thought, and Music*

For the sad or grieving, soothing words from 17 people and traditions are paired with comforting images from nature and quiet piano music. Included is the Inuit proverb: "Perhaps they are not stars, but rather openings in heaven where the love of our lost ones passes through and shines down upon us to let us know they are happy."

BLU901—15 minutes long. *High-definition, wide-format video on Blu-ray disc with lifetime public performance rights \$99.95.*



Video Comforts: Honor Your Memories *An Inspiration in Photography, Thought, and Music*

A dozen thoughtful quotations about the importance of positive memories combine with floral photography and peaceful piano music to comfort and encourage. Willa Cather's words are one example: "Some memories are realities and are better than anything that can happen to one again."

BLU908—15 minutes long. *High-definition, wide-format video on Blu-ray disc with lifetime public performance rights \$99.95.*



Video Comforts: Love Transcends Time *An Inspiration in Photography, Thought, and Music*

As Vincent van Gogh wrote, "Love is something eternal; the aspect may change, but not the essence." Quotations from 20 people sketch the ways love lives on in a way death cannot extinguish. Beautiful photography of flowers quietly illustrates each idea before concluding with images of majestic clouds.

BLU914—15 minutes long. *High-definition, wide-format video on Blu-ray disc with lifetime public performance rights \$99.95.*



Video Comforts: The Wisdom of Nature *An Inspiration in Photography, Thought, and Music*

View images of grasses and wildflowers, paths and forests, and grand scenes of wonder and light while quotations about the gifts of nature weave an inviting message, accompanied by minimal piano music. Wordsworth's words form the conclusion: "Come forth into the light of things. Let nature be your teacher."

BLU920—15 minutes long. *High-definition, wide-format video on Blu-ray disc with lifetime public performance rights \$99.95.*

The entire collection of Video Comforts may be purchased for \$350.00.



SUPPORT GROUPS & OLDER AGE

GRIEF SUPPORT: PRESENTER'S KIT

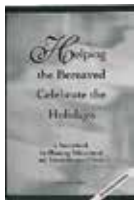


A Helper's Guide to Grief: Presenter's Kit

Now you can present to others about the basics of grief without starting from scratch. Use Jim Miller's original Power Point slides, complete with his photography. Read his notes and references on the nature and process of grief, plus how to help the grieving. Includes 300 pages of writings, large bibliography, 2 CDs of data, 3 DVDs: "Grief Has Its Seasons," "Grief: Images & Intimations," and "You Can Be an Even Better Caregiver" and 10 books: K235, K216, K403, K208, K313, K703, K704, K615, K012, and K402.

R101—11" x 11" ring binder with DVDs, CDs, and books. \$295. No quantity discount.

SUPPORT GROUPS



Helping the Bereaved Celebrate the Holidays

A Sourcebook for Planning Instructional and Remembrance Events

This book guides you in planning "preparing for the holidays" events for the recently bereaved. Topics include defining the needs of your community, coordinating the event, handling marketing, and overall design of the program. Many ideas for services of remembrance are provided, with permission to use any of these as desired.

K402—96-page 5 1/2" x 8 1/2" paperback. \$7.95. Quantity discounts available

EB402—eBook edition may be purchased and downloaded at www.willowgreen.com. \$6.25.



Effective Support Groups

How to Plan, Design, Facilitate, and Enjoy Them

This text uses a question and answer approach to cover both basic and advanced information. How often should a support group meet? Where? How long should meetings last? What are appropriate ground rules? What are the qualities of a good facilitator? What are their tasks? These answers and more are provided.

K012—64-page 5 1/2" x 8 1/2" paperback. \$6.95. Quantity discounts available.

EB012—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

AU012—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.

Support Group Guide for the DVD *When Mourning Dawns*

See page 6.

JOURNAL WRITING



The Rewarding Practice of Journal Writing

A Guide for Starting and Keeping Your Personal Journal

Learn concrete ideas for starting and maintaining this life-giving practice. This book contains illuminating quotations from people who have written about their personal lives through the years. It's an easy-to-read, sure-to-encourage resource for new journal keepers, and lapsed ones too.

K013—64-page 5 1/2" x 8 1/2" paperback. \$6.95. Quantity discounts available.

EB013—eBook edition may be purchased and downloaded at www.willowgreen.com. \$5.50.

AU013—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.

OLDER AGE



Autumn Wisdom

Finding Meaning in Life's Later Years

This popular book is written for those in advancing years as well as those who realize their time on earth is limited. Read this book slowly and reflectively, savoring the photography, wisdom, and many quotations. It invites family members to go through this time together, sharing thoughts and feelings.

K521—80-page 6" x 6 3/4" deluxe paperback. \$14.95. Quantity discounts available.

AU521—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00



Gaining a Heart of Wisdom

Finding Meaning in the Autumn of Your Life

While growing older has its drawbacks, it also has its advantages. Jim Miller draws upon the wisdom of respected writers and sages as well as upon his own training in gerontology to offer a balanced look at elder adulthood. His principles of healthy aging include, "As you learn to let go, you will gain." and "To find the sacred place, stop right where you are." Photography from nature encourages the viewer to look inward as well as outward.

DVD501—36 minutes in twelve parts. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.

**BEST
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SPIRITUALITY RESOURCES

SPIRITUALITY DVDs



All Shall Be Well

Expressions of Hope in Word, Image, and Music

This piece combines upbeat music, photography from nature, and Jim Miller's narration, woven around 12 memorable quotations that instill a hopeful outlook. Whatever your mood, you'll come away feeling encouraged that the future can hold possibilities.

DVD802—10 minutes. Personal Use: \$19.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.



All Seasons Shall Be Sweet

Music and Images to Nurture the Soul

Beautiful photographic images take you on a journey through the seasons of the year, from early spring through all of winter, ending with a hint of the spring to come. Original acoustic woodwind music, without dialog.

DVD605—22-minutes. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



Still Waters

Relaxing Images From Nova Scotia

Images from one of Canada's loveliest provinces will intrigue, delight, and soothe all at the same time. Music without dialogue.

DVD606—15 minutes. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



Healing Meditations

Six 3- to 4-minute presentations incorporate words, music, and photography in creative, inspiring ways. Titles include

"The 23rd Psalm (KJV)," "The 23rd Psalm, Paraphrased," "The Lord's Prayer," "Prayer of St. Francis," "A Caregiver's Prayer," and "As You Grieve." Each combines Jim Miller's voice and photography with Jon Gillespie's music.

DVD304—19 minutes. Personal Use: \$19.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.



Grieving Through the Holidays

Four Videos for the Bereaved and Those Who Care About the Bereaved

The holidays can be a particularly difficult time for those who are grieving so we have created four brief videos to help both the bereaved and those who want to help the bereaved. James E. Miller guides individuals and families to make the journey through grief in ways that are as healing as possible. These can be viewed in succession or one at a time. Use with individuals and families, support groups and workshops.

DVD901—16 minute in four parts. Personal Use: \$19.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.



Why Yellow?

A Quiet Search for That Which Lies Behind All That Is

"Why yellow? Exuberant and whimsical, free and fluttering. Yellow." So begins this

DVD that leads the viewer to reflect upon the miracle of the created world. Why form? Why symmetry? Why intricacy? Why originality? Why life itself? The answer will surprise and delight.

DVD301—6 minutes. Personal Use: \$19.95; with Professional Rights: \$39.95; with CCTV Rights: \$100.00.



Common Bushes Afire

Discovering the Sacred in Our Everyday Lives

Near the beginning is the story of the burning bush from the book of *Exodus* in the Old Testament: "Take off your shoes, for the place on which you are standing is holy ground." Near the end are words from Elizabeth Barrett Browning: "Every common bush is afire with God, but only he who sees takes off his shoes." Includes photography of urban life, cathedrals, stained glass windows, and nature.

DVD302—15 minutes. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



Awaken to Hope

Affirming Thoughts to Begin Your Day

Twelve meditations remind the viewer of spiritual truths: each day is sacred; the divine is everywhere, even in this day; we are cared for and protected no matter what. Beautiful nature photography soothes and heartens.

DVD601—30 minutes in twelve parts. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



Be at Peace

Assuring Thoughts to End Your Day

This companion to *Awaken to Hope* is designed for evening use. Soothing male and female narration and tranquil images lead the viewer to honor the day and relax into the night. Both DVDs are used successfully by many hospitals with their patients.

DVD602—30 minutes in fourteen parts. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



SPIRITUALITY RESOURCES

SPIRITUALITY DVDS



You Shall Not Be Overcome

Promises and Prayers for Uncertain Times

Ten meditations comfort those unsure of what the future holds. A clear theme unifies each meditation, assuring the viewer that God stays beside them through any pain or sadness. Music, photography, and poetic script combine to encourage and uplift.

DVD604—32 minutes in ten parts. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



The Natural Way of Prayer

Being Free to Express What You Feel Deep Within

Twelve directions are offered and explained, including “Be in your heart,” “Be receptive,” and “Be honest.” Suggestions for prayer are proposed under each. Appropriate for people of all faiths.

DVD603—30 minutes in fourteen parts. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



My Times Are in Thy Hand

Messages of Assurance from the Psalms

Jim Miller has selected a variety of comforting excerpts from the Psalms and divided them into eight assuring categories, including “The Lord stands ready to help us,” and “The Lord sustains and forgives.” Music and photography add to the theme of promise appropriate for many life situations.

DVD801—18 minutes. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.



My Shepherd Is the Lord: The DVD

Willowgreen now brings this psalm to life in a new way so its original meaning is uncovered and its present-day message of contentment, joy, promise and hope is illuminated. Includes photography of stained glass windows, ancient texts, and beautiful scenes from nature.

DVD823—19 minutes. Personal Use: \$24.95; with Professional Rights: \$59.95; with CCTV Rights: \$200.00.

SPIRITUALITY BOOK



My Shepherd Is the Lord: The Book

The Timeless Message of the 23rd Psalm

We know this psalm so well we may forget what the words actually mean. This short book explores the original meaning and context of these poetic verses. It concludes with a paraphrased version expressing its tender message in a revealing new way.

K823—32-page 5 1/2" x 8 1/2" paperback. \$3.95. Quantity discounts available.

EB823—eBook edition may be purchased and downloaded at www.willowgreen.com. \$3.00.

AU823—Digital audiobook may be purchased and downloaded at www.willowgreen.com. \$10.00.

PHOTO INSPIRATION DVDS

Photographic images dissolve slowly in and out in juxtaposition to the words on the screen as soft music plays. Ideal for hospital closed circuit TV systems, these creations can also be used for workshops, as audiences gather for keynote addresses, and for personal meditation.



The Wisdom of the Path

Quotes about choosing paths and making journeys are interspersed with images of paths through every terrain and in all seasons. Calming acoustic woodwind music feels inviting and supporting.

INS1—11 minutes. Personal Use: \$19.95; with CCTV Rights: \$50.00.



Streams in the Desert

A guitar accompanies desert landscapes and quotes about desert experiences in life. Midway through, the images shift to water-scapes and the quotes reflect life's fullness.

INS3—12 minutes. Personal Use: \$19.95; with CCTV Rights: \$50.00.



Awakened Day

Images from nature change on the upper part of the screen while a series of quotations change more slowly below. The overall theme is that sacredness is everywhere when we awaken to it.

INS2—11 1/2 minutes. Personal Use: \$19.95; with CCTV Rights: \$50.00.



Grief: Images and Intimations

Changing floral images represent aspects of grief while guitar music plays. In time a unique quotation is added to each image, providing a helpful, confirming message about the nature of grief.

INS4—12 minutes. Personal Use: \$19.95; with CCTV Rights: \$50.00.



NOTE CARDS

Communicate as a caregiver or caregiving organization with specialized cards that express your care and concern. Let Jim Miller's sensitive blend of photography and words speak on your behalf to those who need comfort, support, and hope.

The messages inside are concise, direct, and true. We've left plenty of room for you to write a personal note or for members of your team to sign. Each card is available in two versions—one with an inside message, one blank.



ACKNOWLEDGING A LOSS

For expressing sympathy after a loved one's death, yet can be appropriate for other personal losses or unwanted changes.



White bleeding hearts

LS-1 —Message inside: *In gentle sympathy.*

LS-1B—Blank inside



Two roses

LS-2 —Message inside: *In sympathy.*

LS-2B—Blank inside



Forest in fog

LS-3 —Message inside: *Together with you in stillness, in sympathy.*

LS-3B—Blank inside

ANNIVERSARY OF THE LOSS

For remembering the bereaved six and twelve months after a death, on wedding anniversaries, birthdays, other special times.



Spring tree

AN-1 —Message inside: *Today as you remember, know that you are warmly remembered.*

AN-1B—Blank inside



Sunlit leaves

AN-2 —Message inside: *May remembrance brighten this day and every day.*

AN-2B—Blank inside



Red bleeding hearts

AN-3 —Message inside: *Remembering, may you be blessed with renewed life.*

AN-3B—Blank inside



NOTE CARDS

HONORING THE SACRED

For those times when you want to give voice to the sacred dimensions of life experiences. Ideal for chaplains.



Open arches

SC-1—Message inside: *Invited or uninvited, the sacred lights our way.*

SC-1B—Blank inside



Cloister doorway

SC-2—Message inside: *This our souls know—the way always opens.*

SC-2B—Blank inside



Forest path

SC-3—Message inside: *We journey in sacredness.*

SC-3B—Blank inside

THINKING OF YOU

For anyone anytime: those in your care, their families, your associates.



Yellow iris

TF-1—Message inside: *Thinking of you, believing in you.*

TF-1B—Blank inside



Bed of daffodils

GT-1—Message inside: *Thank you, thank you.*

GT-1B—Blank inside

GRATITUDE

Say “thank you” in a way that clearly and beautifully expresses your appreciation.



Two trees

TF-2—Message inside: *You are not alone.*

TF-2B—Blank inside



Single tulip

GT-2—Message inside: *In heartfelt gratitude.*

GT-2B—Blank inside

These cards measure 4 3/8" by 6 1/4" and each comes with a white square-flap envelope. You may choose from 13 different cards in five categories. There is one design per box of 10 cards or bulk pack of 50 cards. Quantity discounts are available on packs of 50.

Boxed Cards

(10 cards of one design per box)

\$12.00 per box

Bulk Discounts on Card Packs of 50

Quantity	Price per Pack
1 - 10 packs	\$45.00
11 - 40 packs	\$40.00
41 packs and over	Call



RESOURCE COLLECTIONS

Willowgreen Resource Collections offer professional information on the topics of grief, caregiving, spirituality, and older age in one complete and informative package of books and/or videos at an affordable price.

CAREGIVING COLLECTION I

R205—\$64.70 value for \$49.95

6 books and 1 DVD for individual use: *This Time of Caregiving*, *This Time of Caregiving (DVD)*, *The Gift of Healing Presence*, *The Caregiver's Book*, *When You're The Caregiver/When You're Ill or Incapacitated*, *The Art of Listening in a Healing Way*

CAREGIVING COLLECTION II

R206—\$146.70 value for \$129.95

4 books and 2 DVDs with professional rights: *This Time of Caregiving*, *This Time of Caregiving (DVD)*, *The Gift of Healing Presence*, *The Grit & Grace of Being a Caregiver (DVD)*, *The Art of Being a Healing Presence*, *The Art of Listening in a Healing Way*

GRIEF COLLECTION I

R203—\$63.70 value for \$49.95

5 books and 1 DVD for individual use: *When Mourning Dawns*, *When Mourning Dawns (DVD)*, *When A Man Faces Grief*, *One You Love Has Died*, *A Pilgrimage Through Grief*, *What Will Help Me?/How Can I Help?*

GRIEF COLLECTION II

R204—\$146.50 value for \$129.95

8 books and 1 DVD with professional rights: *When Mourning Dawns*, *When Mourning Dawns (DVD)*, *Support Group Guide for WMD*, *When A Man Faces Grief/A Man You Know Is Grieving*, *How Will I Get Through the Holidays?*, *Effective Support Groups*, *What Will Help Me?/How Can I Help?*, *One You Love Has Died*, *The Rewarding Practice of Journal Writing*, *Change & Possibility*

SPIRITUALITY COLLECTION I

R201—\$98.75 value for \$79.95

1 book and 4 DVDs for individual use: *All Shall Be Well (DVD)*, *You Shall Not Be Overcome (DVD)*, *My Times Are In Thy Hand (DVD)*, *My Shepherd Is The Lord (DVD)*, *My Shepherd Is The Lord (book)*

SPIRITUALITY COLLECTION II

R202—\$99.80 value for \$79.95

4 DVDs for individual use: *Awaken to Hope (DVD)*, *Be At Peace (DVD)*, *The Natural Way of Prayer (DVD)*, *All Seasons Shall Be Sweet (DVD)*

ELDERS COLLECTION

R207—\$149.80 value for \$129.95

2 books and 2 DVDs with professional rights: *Autumn Wisdom*, *Gaining a Heart of Wisdom (DVD)*, *Change & Possibility*, *Nothing Is Permanent Except Change (DVD)*

ORDERING & CONTACT INFO

Call 260-490-2222 from 9:00 a.m. to 4:30 p.m. EDT, Monday through Friday.

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Preview Policy. Preview videos for up to 10 days. Pay only the cost of shipping and handling based upon the purchase price of the product (see chart at right). Invoice for purchase will be sent when 10-day preview period expires.

Satisfaction Guaranteed. Return any saleable product within 30 days for full refund, less shipping and handling. We charge a restocking fee for *When Mourning Dawns Guidebook* and *A Helpers Guide to Grief: Presenter's Kit*. No returns on electronic products.

Credit Card Orders. Supply Visa, MasterCard or Discover number, expiration date, name on card, and 3-digit security code when placing order.

Shipping Method. We ship UPS ground or USPS. Delivery time is normally 5 – 10 business days.

Rush Orders must be placed by 10:00 a.m. EDT to ship that day. We can ship UPS 3-day, 2nd day air or overnight for an additional cost.

TYPES OF PERFORMANCE RIGHTS

Personal Use means you are purchasing the video for yourself or another strictly for individual use. It is not licensed for public use.

Professional Use gives you the rights to show a DVD on a video monitor or video projector to a group of people for educational or inspirational purposes. You may use multiple monitors within the same room. Professional Use also gives you the rights to use a DVD in a resource library to loan to individuals.

Closed Circuit TV Use includes rights for an organization to broadcast a Willowgreen presentation on a single-site CCTV system. If an organization has multiple physical sites, CCTV rights must be purchased for each site. Please call our office to inquire about how a CCTV contract works and the associated costs.

A – Order Form for discounted books or CDs (10 or more total)



(No discounts on DVDs, audios, books G235, K211, and presenter's kit R101)

Qty.	Item #	Title or Description	Price Each	Total Price
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			Subtract quantity discount (if any)	
			Total A	\$

B – Order Form for non-discounted items.

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			Total B	\$
			Add Totals A and B	\$
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			Sub-total	\$
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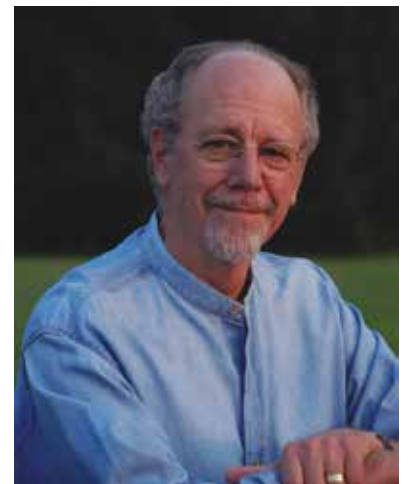
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DAILY INSPIRATIONS FOR CAREGIVERS



Encouragement and Insight for Family and Friends

Do you wish to support a family caregiver who needs encouragement and hope in their role? Would you like to provide this help often, even every day? Maybe this caregiver is yourself! Here is your solution: an emailed series of inspirations that arrive like clockwork every morning. Each day is different—maybe a video, or an audio, or a writing, or a photo-thought, all created by author-photographer-video producer Jim Miller, a caregiver himself. The effect is assuring, validating, and enlivening. Visit www.willowgreen.com to learn more or to sign up for a free trial.



JAMES E. MILLER

100 HEALING MESSAGES FOR YOUR GRIEF

Videos Filled with Help, Comfort & Beauty

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Acclaimed writer and photographer James E. Miller created Willowgreen Inc. in 1986 to help people deal effectively with life's momentous transitions. He melds the written and spoken word with photography and music in ways that inform, encourage, and inspire the whole person.